

APPOINTMENT OF BOUGHEY DIRECTORS

Boughey Distribution Ltd, the grocery logistics service provider within NWF Group, is pleased to announce the appointment of two Directors, following the recent announcement that Mike Guest, the current Boughey MD, will become Group Chief Executive for the parent group, NWF Group plc in December 2004.

Keith Forster, the current Financial Director of Boughey is promoted to the position of Managing Director, to take effect from 1st December 2004. Keith, 44, has been with Boughey for 3 years and has played a major part in its recent growth.

Martyn Nicholls, the current Operations Controller is promoted to Operations Director from 1st June 2004 in recognition of the increasing role he plays within the business. Martyn is 48 and has been with the business for 13 years.

Mike Guest comments "I am delighted with Keith and Martyn's appointments. They have been an integral part of the senior management team over recent years, and these appointments are fully merited. It will allow them to continue the successful development of the Boughey business and the announcement of the changes now allows an orderly and smooth handover to take place up to my own internal move in December. I am sure the appointments will be well received by both customers and staff and sends out the signal of the continuation of Boughey's existing successful strategy"

Keith Forster says "I am looking forward to taking over from Mike and continuing the successful growth of the company whilst maintaining its high reputation for quality and service. Boughey is well placed to make the most of the changes that are happening within the ambient grocery supply chain, and I feel we have an experienced team in place to take full advantage of the opportunities that will present themselves."



Keith Forster



Martyn Nicholls